

**HEALING:**  
**Developing a Multidisciplinary Diploma on Art Therapy in Health Education**

**Staff Week Training workshop**

**National and Kapodistrian University of Athens**

**June 19<sup>th</sup> – 23<sup>th</sup> 2023**  
**Athens, Greece**

**Location: Marasleion, Marasli 4, Str., Kolonaki, Athens**

**Link: <http://www.primedu.uoa.gr/>**



Co-funded by the  
Erasmus+ Programme  
of the European Union

**This Project has been Co-funded** with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

**Day 1**  
**Monday, June 19<sup>th</sup>2023**

Time	Task	Presenter
<b>08:30 – 09:00</b>	<b>Registration</b>	
<b>09:00 – 09:15</b>	Brief <b>welcome</b> by Project Coordinator at NKUA & Head of the Department Introduction to the Internship	<b>Dr Thomas Babalis</b> , Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens <b>Dr Konstantinos Skordoulis</b> , Professor of Physics: Epistemology and Teaching Methodology
<b>09:15 – 09:45</b>	<b>Introducing students</b>	<b>Students</b>
<b>09:45 – 10:00</b>	<b>Logistics Information</b>	<b>Dr Ahmed Al-Salaymeh</b> , Project Coordinator and Professor at the School of Engineering, The University of Jordan & <b>Eng. Rasha Al-Baik</b> , Research Assistant, The University of Jordan
<b>10:00 – 11:30</b>	<b>Presentation: Module 1</b> <b>Title:</b> <i>Social and cultural prescription: a new programme in Greece</i>	<b>Dr Vasilis Ioakimides</b> , Professor, Historical and Comparative Social Work, University of West Attica & <b>Dr Panagiotis Douros</b> , PhD in Cultural Management, Researcher, University of West Attica
<b>11:30-11:45</b>	<b>Coffee Break</b>	
<b>11:45-13:00</b>	<b>Presentation: Module 2</b> <b>Title:</b> <i>Hands on picture books</i>	<b>Dr Tzina Kalogirou</b> , Professor of Modern Greek Literature and its Teaching, National and Kapodistrian University of Athens
<b>13:00 – 14:00</b>	<b>Lunch Break</b>	
<b>14:00 – 15:30</b>	<b>Workshop: Module 3</b> <b>Title:</b> <i>Hands on picture books: Healing through creative writing/self-expression and play</i>	<b>Dr Tzina Kalogirou</b> , Professor of Modern Greek Literature and its Teaching, National and Kapodistrian University of Athens
<b>15:30-15:45</b>	<b>Coffee Break</b>	
<b>15:45-18:00</b>	<b>Workshop: Module 4 (continued)</b> <b>Title:</b> <i>Hands on picture books: Healing through creative writing/self-expression and play</i>	<b>Dr Tzina Kalogirou</b> , Professor of Modern Greek Literature and its Teaching, National and Kapodistrian University of Athens
<b>18:00</b>	<b>End of Day 1</b>	



Co-funded by the  
Erasmus+ Programme  
of the European Union

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

**Day 2**  
**Tuesday June 20<sup>th</sup> 2023**

Time	Task	Presenter
<b>08:30 – 09:00</b>	<b>Registration</b>	
<b>09:00 – 10:00</b>	<b>Brief</b> about the first Day	<b>Dr Thomas Babalis</b> , Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & <b>Dr Konstantina Tsoli</b> , Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens
<b>10:00-13:00</b>	<b>Site Visit:</b> Module 5 <i>National Museum of Contemporary Art</i> <i>KALLIRROIS AVE. &amp; AMVR. FRANTZI STR. (FORMER FIX FACTORY)</i> <i>ATHENS, 11743, GREECE</i>	<b>Mrs Marina Tsekou</b> , Head of Training Programme & <b>Ms Elisavet Ioannidou</b> , Art Therapist
<b>13:00 – 14:00</b>	<b>Lunch break</b>	
<b>14:00 – 16:00</b>	<b>Presentation:</b> Module 6 <b>Title:</b> <i>Art therapy in Mental Health</i>	<b>Dr Athena Fragkouli-Sakellaropoulou</b> , President of The Society of Social Psychiatry P. Sakellaropoulos
<b>16:00 – 16:15</b>	<b>Coffee Break</b>	
<b>16:15 – 18:00</b>	<b>Workshop:</b> Module 7 <b>Title:</b> Art Therapy	<b>Dr. Rasmieh</b> , Isra University
<b>18:00 – 19:00</b>	<b>Discussion</b>	<b>Dr Thomas Babalis</b> , Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & <b>Dr Konstantina Tsoli</b> , Assistant Professor of School Pedagogy and Teaching Practice, National and



Co-funded by the  
Erasmus+ Programme  
of the European Union

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

		Kapodistrian University of Athens
19:00	End of Day 2	
<b>Day 3</b> <b>Wednesday June 21<sup>th</sup> 2023</b>		
Time	Task	Presenter
08:30 – 09:00	Registration	
09:00 – 10:00	Brief about second day	<b>Dr Thomas Babalis</b> , Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & <b>Dr Konstantina Tsoli</b> , Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens
10:00 – 11:30	<b>Workshop: Module 8</b> <b>Title:</b> <i>Art and Music at the Alternative Therapeutic Community KETHEA-Paremvassis</i>	<b>Mrs Demetra Thivaïou</b> , Psychologist, Head of the Programme & <b>Mr Thanassis Spiliopoulos</b> , Artist, Head of Educational Projects at National Gallery Museum
11:30 – 11:45	Coffee Break	
11:45 – 13:00	<b>Guided Exhibitions: Module 9</b> 1. <i>Art Exhibition</i> 2. <i>Exhibition of folk musical instruments</i>	1. <b>TC members KETHEA-Paremvassis</b> in collaboration with the <b>National Art Gallery &amp;</b> <b>Mr Thanassis Spiliopoulos</b> , Artist, Head of Educational Projects at National Gallery Museum 2. <b>The Alternative Therapeutic Community KETHEA-Paremvassis</b>
13:00 – 14:00	Lunch Break	
14:00 – 15:00	<b>Presentation: Module 10</b> <b>Title:</b> <i>Intangible Cultural Heritage: Sociocultural, Political, Educational and Therapeutic Dimensions</i>	<b>Dr Rea Kakampoura</b> , Associate Professor of Greek Folklore Studies, National and Kapodistrian University of Athens
15:00 – 16:30	<b>Workshop: Module 11</b> <b>Title:</b> <i>Greek traditional dances</i>	<b>Christiana Katsarou</b> , Dance teacher, PhD Candidate of Folklore Studies, NKUA
16:30-18:00	<b>Workshop: Module 12</b> <b>Title:</b> <i>Oral Storytelling in times of crisis: Aspects of Healing folktales in the 21st century</i>	<b>Dimitris Prousalis</b> , storyteller and teacher, PhD Candidate of Folklore Studies, NKUA
18:00	End of Day 3	



Day 4  
Thursday, June 22<sup>nd</sup> 2023

Time	Task	Presenter
08:30 – 09:00	Registration	
09:00 – 10:00	Staff Group work	<p><b>Dr Thomas Babalis</b>, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens &amp;</p> <p><b>Dr Konstantina Tsoli</b>, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens</p>
10:00 – 11:30	<p><b>Workshop: Module 13</b>  <b>Title:</b> <i>Heterotopia &amp; Heterochronia- Cultivating Empathy through representations</i></p>	<p><b>Dr Charalampos Pouloupoulos</b>, Professor of Social Work in the Addictions, University of West Attica &amp;</p> <p><b>Dr Anna Tsiboukli</b>, Assistant Professor of Lifelong Learning, Group Dynamics and Adult Education, National and Kapodistrian University of Athens</p>
11:30 – 11:45	Coffee Break	
11:45 – 13:00	<p><b>Presentation: Module 14</b>  <b>Title:</b> <i>Integrating Augmented Reality into Art Therapy: Current Status, Opportunities and Challenges</i></p>	<p><b>Dr George Koutromanos</b>, Assistant Professor of Information and Communication Technologies (ICT) in Education, National and Kapodistrian University of Athens</p>
13:00 – 14:00	Lunch Break	
14:30 – 16:30	<p><b>Workshop: Module 15</b>  <b>Title:</b> <i>Integrating Augmented Reality into Art Therapy: Current Status, Opportunities and Challenges</i></p>	<p><b>Dr George Koutromanos</b>, Assistant Professor of Information and Communication Technologies (ICT) in Education, National and Kapodistrian University of Athens</p>
16:30 – 16:45	Coffee Break	
16:45 – 18:00	<p><b>Workshop: Module 16 (continued)</b>  <b>Title:</b> <i>Integrating Augmented Reality into Art Therapy: Current Status, Opportunities and Challenges</i></p>	<p><b>Dr George Koutromanos</b>, Assistant Professor of Information and Communication Technologies (ICT) in Education, National and Kapodistrian University of Athens</p>



Co-funded by the  
Erasmus+ Programme  
of the European Union

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

18:00 – 19:00	Discussion	<p><b>Dr Thomas Babalis</b>, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens &amp;</p> <p><b>Dr Konstantina Tsoli</b>, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens</p>
19:00	End of Day 4	



Co-funded by the  
Erasmus+ Programme  
of the European Union

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

**Day 5**  
**Friday, June 23<sup>d</sup> 2023**

Time	Task	Presenter
08:30 – 09:00	Registration	
09:00 – 10:00	Group work	Students
10:00 – 11:30	<b>Presentation:</b> Module 17 <b>Title:</b> <i>Parthenon: an ancient temple challenges and guides the modern world</i>	<b>Dr Elisavet Lazarakou</b> , Assistant Professor of Evaluation of the learning process: Pedagogy - Teaching approach, National and Kapodistrian University of Athens
11:30 – 11:45	Coffee Break	
11:45 – 13:00	<b>Workshop:</b> Module 18 <b>Title:</b> <i>Parthenon: an ancient temple challenges and guides the modern world</i>	<b>Dr Elisavet Lazarakou</b> , Assistant Professor of Evaluation of the learning process: Pedagogy - Teaching approach, National and Kapodistrian University of Athens
13:00 – 14:00	Lunch Break	
14:00 – 17:00	Certificate Distribution and Group Photo	
17:00	End of Day 5	



Co-funded by the  
Erasmus+ Programme  
of the European Union

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.